



# Susquehanna Trail Dog Training Club

January 2014

## Old Friends

by Connie Cuff



Winter months are a time to spend more time with your dog - a few suggestions when outdoor activities are curtailed:

When visiting the Pet Store, take your dog along for a trip down the aisles to check out all the good smells.

Blow some bubbles for your dog.

Jan. 15 is National Hat Day - try different ones on your dog - take a photo or add it to Facebook.

Round up all your dog's toys, place them in a circle around you and ask him to get each one by name.

Play hide and seek the biscuit.

Teach your dog a new trick.

### Dog Biscuit recipe

4 cups whole wheat flour

$\frac{1}{2}$  -  $\frac{3}{4}$  cup of peanut butter

2 cups of oatmeal

2  $\frac{1}{2}$  cups of hot water

Knead well, roll  $\frac{1}{4}$ ". Cut into shapes. Bake on greased cookie sheet at 350 degrees for 40 mins. Turn off heat, let cool in oven overnight.

Winter weather with low humidity and home heating can dry out your dog's skin and coat. The healthiest fix for your dog's skin problem is to add oil to his diet. Two of the best are olive and coconut oil. The recommendation for olive oil is 1 teasp. a day for a 30-40 lb. dog.

As for coconut oil, it helps keep the coat soft and rich and decreases doggy odor. For example, I have been using this for 2 years and everyone that pets Cagney says "he is so soft". Coconut oil is abundant in lauric acid, which has been known to kill viruses, bacteria and yeast, as well as prevent tooth decay.  $\frac{1}{2}$  to 1 teasp. is recommended for a 30-40 lb. dog.

Both olive and coconut oil are healthy for your dog's insides and it will show on his outside.

Let's begin the New Year with a positive attitude in dog training. Good trainers need a kind heart as well as a cool and well-informed head. Good training will pay a lifetime of dividends for you and your dog.

Till next time,

*Connie*



## Notes and Notices



**Marjean will begin an AKC Star Puppy Class on Jan. 14 There are 2 classes, 6:45pm and 7:15pm. You need to pre-register and fill in an application to attend the class.**

**Dues for 2014 are due along with up-dated short records. Dues will be \$15 for everyone, family and single, and need to be paid by the end of Feb. to keep you on our E-mail list. Everyone should be aware that you need to purchase a dog license. Those that have a life-time license are exempt.**

**Dave Grose has asked me if he could do a 50/50 drawing at class to raise money for the club. I have given him the okay and he will take charge of it. Anyone who is interested may take part at class.**

**I received a thank you from Brandon for his monetary Christmas gift. We all appreciate the time he takes in doing the Newsletters and forwarding E-mail messages he receives.**

**Our Christmas Party was a success even though the weather didn't cooperate. The food was delicious, entertainment by Don Krech & Ed Scholl enjoyable, and just being together with everyone made the evening special. I have been surprised with a gift from the Club for a visit to the Westminster Dog Show in February with a group of members from the Club. We will have to cancel class that evening, so I will give you an up-date when I get more details.**

**Sara and Marjean are evaluators for AKC Good Citizen and the following is an AKC Community Canine Title that you can achieve:**

**AKC Community Canine Title (CGCA) is the advanced level of the AKC's Canine Good Citizen Program. In order to qualify to take the CGCA test, you must have a CGC test on record at AKC and have your dog registered with the AKC. For more information on registering your non-purebred dog, go to AKC.org and click on Dog Owners and select AKC Canine Partners. You can also select AKC Community Canine to get more information on the CGCA title. The CGCA test is very similar to the CGC test, but is conducted in a "real world" location, not a testing ring. Since our testing is already being done this way, it should be no problem for most CGC dogs. Two additional requirements for CGCA are "leave it" and walking through a door or narrow passageway. We will be conducting the CGCA test at various times throughout the year. If you are interested, get your dog registered and keep coming to class!**

## UPCOMING THERAPY VISITS AND CLUB ACTIVITIES

<b>Jan. 1 (Wed)</b>	<b>HAPPY NEW YEAR Riverwoods</b>	<b>10:00am</b>
<b>Jan. 2 (Thurs)</b>	<b>Geisinger, Rehab, Health South</b>	<b>2:00pm</b>
<b>Jan. 7 (Tues)</b>	<b>Classes begin at Selinsgrove Center Advanced Beginners</b>	<b>6:45pm 7:30pm</b>
<b>Jan. 8 (Wed)</b>	<b>Riverwoods</b>	<b>10:00am</b>
<b>Jan. 9 (Thurs)</b>	<b>Shamokin Hospital Life Geisinger Northwestern Academy</b>	<b>1:00pm 2:00pm 2:30pm</b>
<b>Jan. 13 (Mon)</b>	<b>Emmanuel Home, Northumberland</b>	<b>6:30pm</b>
<b>Jan. 14 (Tues)</b>	<b>Marjean's AKC Star Puppy Class begins (pre-registration required) Low Security Prison, Allenwood (NCIC only)</b>	<b>12:00pm</b>
<b>Jan. 15 (Wed)</b>	<b>Riverwoods</b>	<b>10:00am</b>
<b>Jan. 16 (Thurs)</b>	<b>Sunbury Community Hospital Mansion Nursing Home Sunshine Corners</b>	<b>1:00pm 2:00pm 2:45pm</b>
<b>Jan. 20 (Mon)</b>	<b>MARTIN LUTHER KING, JR. BIRTHDAY</b>	
<b>Jan. 22 (Wed)</b>	<b>Riverwoods</b>	<b>10:00am</b>
<b>Jan. 27 (Mon)</b>	<b>Bucknell University Library</b>	<b>6:00pm - 8:00pm</b>
<b>Jan. 29 (Wed)</b>	<b>Riverwoods</b>	<b>10:00am</b>
<b>Jan. 30 (Thurs)</b>	<b>Holy Family Convent Geisinger Rehab, Health South</b>	<b>1:00pm 2:00pm</b>

# January 2014

 Susquehanna Trail Dog Training Club  
 US Holidays

December 2013

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2014

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2014

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
		NO CLASS	New Year's Day 10:00 AM Riverwoods	2:00 PM Geisinger Rehab, Health South		
5	6	7	8	9	10	11
		6:45 PM Training 7:30 PM Beginner Training	10:00 AM Riverwoods	1:00 PM Shamokin Hospital 2:00 PM Life Geisinger 2:30 PM Northwestern Academy		
12	13	14	15	16	17	18
	6:30 PM Emmanuel Home	12:00 PM Low Security Prison, Allenwood (NCIC only) 6:45 PM Training 6:45 PM AKC Star Puppy Class 7:15 PM AKC Star Puppy Class 7:30 PM Beginner Training	10:00 AM Riverwoods	1:00 PM Sunbury Community Hospital 2:00 PM Mansion Nursing Home 2:45 PM Sunshine Corners		
19	20	21	22	23	24	25
	Martin Luther King, Jr. Day	6:45 PM Training 6:45 PM AKC Star Puppy Class 7:15 PM AKC Star Puppy Class 7:30 PM Beginner Training	10:00 AM Riverwoods			
26	27	28	29	30	31	
	6:00 PM Bucknell University Library	6:45 PM AKC Star Puppy Class 6:45 PM Training 7:15 PM AKC Star Puppy Class 7:30 PM Beginner Training	10:00 AM Riverwoods	1:00 PM Holy Family Convent 2:00 PM Geisinger Rehab-Health South		